PROBAST: A Tool to Assess the Risk of Bias and Applicability of Prediction Model Studies

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Clinical prediction models combine multiple predictors to estimate risk for the presence of a particular condition (diagnostic models) or the occurrence of a certain event in the future (prognostic models).

PROBAST (Prediction model Risk Of Bias ASsessment Tool), a tool for assessing the risk of bias (ROB) and applicability of diagnostic and prognostic prediction model studies, was developed by a steering group that considered existing ROB tools and reporting guidelines. The tool was informed by a Delphi procedure involving 38 experts and was refined through piloting.

PROBAST is organized into the following 4 domains: participants, predictors, outcome, and analysis. These domains contain a total of 20 signaling questions to facilitate structured judgment of ROB, which was defined to occur when shortcomings in study design, conduct, or analysis lead to systematically distorted estimates of model predictive performance. PROBAST enables a focused and transparent approach to assessing the ROB and applicability of studies that develop, validate, or update prediction models for individualized predictions.

Although PROBAST was designed for systematic reviews, it can be used more generally in critical appraisal of prediction model studies. Potential users include organizations supporting decision making, researchers and clinicians who are interested in evidence-based medicine or involved in guideline development, journal editors, and manuscript reviewers.

Ann Intern Med. 2019;170:51-58. doi:10.7326/M18-1376 Annals.org For author affiliations, see end of text.

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Prediction relates to estimating the probability of something currently unknown. In the context of medical research, prediction typically concerns either diagnosis (probability of a certain condition being present but not yet detected) or prognosis (probability of an outcome developing in the future) (1-3). Prognosis applies not only to sick persons or those with an established diagnosis but also to, for example, pregnant women at risk for diabetes (4). Prediction research includes predictor finding studies, prediction model studies (development, validation, and extending or updating), and prediction model impact studies (1).

Predictor finding studies (also known as risk factor or prognostic factor studies) aim to identify which predictors (such as age, disease stage, or biomarkers) independently contribute to the prediction of a diagnostic or prognostic outcome (1, 5).

Prediction model studies aim to develop, validate, or update (for example, extend) a multivariable prediction model. A prediction model uses multiple predictors in combination to estimate probabilities to inform and often guide individual care (2, 6, 7). These models can predict an individual's probability of either currently having a particular outcome or disease (diagnostic prediction model) or having a particular outcome in the future (prognostic prediction model). Both types of model are widely used in various medical domains and settings (8-10), as evidenced by the large number of models developed in cancer (11, 12), neurology (13, 14), and cardiovascular disease (15). Prediction models are sometimes described as risk prediction models, predictive models, prediction indices or rules, or risk scores (2, 7). An example is QRISK2 for predicting cardiovascular risk (16).

Prediction model impact studies evaluate the effect of using a model to guide patient care compared with

not using such a model. They use a comparative design, such as a randomized trial, to study the model's effect on clinical decision making, patient outcomes, or costs of care (1).

Systematic reviews have a key role in evidencebased medicine and the development of clinical guidelines (17-19). They are considered to provide the most reliable form of evidence for the effects of an intervention or diagnostic test (20, 21). Systematic reviews of prediction models are a relatively new and evolving area but are increasingly undertaken to systematically identify, appraise, and summarize evidence on the performance of prediction models (1, 6, 22).

Assessing the quality of included studies is a crucial step in any systematic review (20, 21). The QUIPS (Quality In Prognosis Studies) tool has been developed to assess risk of bias (ROB) in predictor finding (prognostic factor) studies (23). Researchers can use the revised Cochrane ROB Tool (ROB 2.0) (24) to investigate the methodological quality of prediction model impact studies that use a randomized comparative design, or ROBINS-I (Risk Of Bias In Nonrandomized Studies of Interventions) for those that use a nonrandomized comparative design (25). As more prediction model studies and systematic reviews of such studies are used as evidence for clinical guidance, a tool facilitating quality assessment for individual prediction model studies is urgently needed.

See also:

Web-Only Explanation and Elaboration Supplement

Box 1. Types of diagnostic and prognostic modeling studies or reports addressed by PROBAST.

Prediction model development without external validation: These studies aim to develop prognostic or diagnostic prediction models from a specific development data set. They aim to identify the important predictors of the outcome under study, assign weights (e.g., regression coefficients) to each predictor using some form of multivariable analysis, develop a prediction model to be used for individualized predictions, and quantify the predictive performance of that model in the development set. Sometimes, model development studies may also focus on adding new predictors to established predictors. In any prediction model study, overfitting may occur, particularly in small data sets. Hence, development studies should include some form of resampling or "internal validation" (internal because the same data are used for both development and internal validation), such as bootstrapping or cross-validation. These methods quantify any optimism (bias) in the predictive performance of the developed model.

type, but the development with external validation: These studies have the same aim as the previous type, but the development of the model is followed by quantifying its predictive performance in data external to the development sample (i.e., from different participants). These data may be collected by the same investigators, commonly using the same predictor and outcome definitions and measurements but sampled from a later time period (temporal validation); by other investigators in another hospital or country, sometimes using different definitions and measurements (geographic validation); in similar participants but from an intentionally chosen different setting (e.g., a model developed in secondary care and tested in similar participants from primary care); or even in other types of participants (e.g., a model developed in adults and tested in children). Randomly splitting a single data set into a development and a validation data set is often erroneously referred to as a form of external validation but actually is an inefficient form of internal validation, because the 2 data sets created in this way differ only by chance and the sample size of model development is reduced. When a model predicts poorly when validated in other data, a model validation can be followed by adjusting (or updating the existing model [e.g., by recalibration of the baseline risk or hazard or adjusting the weights of the predictors in the model]) to the validation data set at hand and even by extending the model by adding new predictors to the existing model. In both situations, a new model is in fact being developed after the external validation of the existing model.

Prediction model external validation: These studies aim to assess the predictive performance of existing prediction models using data *external* to the development sample (i.e., from different participants).

Adopted from the TRIPOD (Transparent Reporting of a multivariable prediction model for Individual Prognosis Or Diagnosis) and CHARMS (CHecklist for critical Appraisal and data extraction for systematic Reviews of prediction Modelling Studies) guidance (7, 26). PROBAST = Prediction model Risk Of Bias ASsessment Tool.

We present PROBAST (Prediction model Risk Of Bias ASsessment Tool), a tool to assess the ROB and concerns regarding the applicability of diagnostic and prognostic prediction model studies. PROBAST can be used to assess studies of model development and model validation, including those updating a prediction model (**Box 1** [26]). We refer to the accompanying explanation and elaboration document (27), available at Annals.org, for detailed explanations of how to use PROBAST and how to judge ROB and applicability.

METHODS: DEVELOPMENT OF PROBAST

Development of PROBAST was based on a 4-stage approach for developing health research reporting guidelines: define the scope, review the evidence base, use a Web-based Delphi procedure, and refine the tool through piloting (28). Guidelines explicitly aimed at the development of quality assessment tools were not available at the time (29).

Development Stage 1: Scope and Definitions

A steering group of 9 experts in prediction model studies and development of quality assessment tools agreed on key features of the desired scope of PROBAST. A panel of 38 experts with different backgrounds further refined the scope during the Webbased Delphi procedure.

PROBAST was designed mainly to assess primary studies included in a systematic review. The group agreed that PROBAST would assess both *risk of bias*

and concerns regarding applicability of a study evaluating a multivariable prediction model to be used for individualized diagnosis or prognosis. A domain-based structure was adopted, similar to that used in other ROB tools, such as ROB 2.0 (24), ROBINS-I (25), QUADAS-2 (Quality Assessment of Diagnostic Accuracy Studies 2) (30), and ROBIS (31).

We agreed that PROBAST should cover primary studies that develop, validate, or update multivariable prediction models aiming to make individualized predictions of a diagnostic or prognostic outcome (**Box 1**). Studies that use multivariable modeling techniques to identify predictors (such as risk or prognostic factors) associated with an outcome but do not attempt to develop, validate, or update a model for making individualized predictions are not covered by PROBAST (5). Therefore, PROBAST is not intended for predictor finding studies or prediction model impact studies.

Studies of diagnostic and prognostic models often use different terms for predictors and outcomes (**Box** 2). A multivariable prediction model is defined as any combination or equation of 2 or more predictors for estimating probability or risk for an individual (6, 7, 32-34).

Development Stage 2: Review of Evidence

We used the following 3 approaches to build an evidence base to inform the development of PROBAST: identifying relevant methodological reviews in the area of prediction model research (November 2012 to Jan-

uary 2013), asking members of the steering group to identify relevant methodological studies (January 2013 to March 2013), and using the Delphi procedure to ask members of the wider group to identify additional evidence (February 2012 to July 2014).

Identified literature was used to guide the scope and produce an initial list of signaling questions to consider for inclusion in PROBAST (1, 2, 5-7, 26, 33-40). We grouped signaling questions into common themes to identify possible domains. Additional literature provided as part of the Web-based surveys informed development of the explanation and elaboration document.

Development Stage 3: Web-Based Delphi Procedure

We used a modified Delphi process to gain feedback and agreement on the scope, structure, and content of PROBAST. Web-based surveys were developed to gather structured feedback for each round. The 38member Delphi group comprised methodological experts in prediction model research and development of quality assessment tools, experienced systematic reviewers, commissioners, and representatives of reimbursement agencies. We included various stakeholders to ensure that the views of end users, methodological experts, and decision makers were represented.

The Delphi process consisted of 7 rounds. Round 1 asked about the scope of the tool, and participants

agreed to focus on prediction model studies and follow a domain-based structure. Round 2 aimed to identify relevant domains and agree on which to include. The signaling questions for domains were refined in rounds 3 to 5. Respondents used a 1-to-5 Likert scale to rate each proposed signaling question for inclusion. They could also suggest rephrasing, provide supporting evidence (such as references to relevant studies), and suggest missing signaling questions. Round 6 refined the domains and introduced further optional guidance for using PROBAST. In the last round, participants received the agreed draft version of PROBAST and had the opportunity to provide any final feedback.

Development Stage 4: Piloting and Refining the Tool

We held 6 workshops on PROBAST at consecutive annual Cochrane Colloquia (Quebec, Canada, 2013; Hyderabad, India, 2014; Vienna, Austria, 2015; Seoul, South Korea, 2016; Cape Town, South Africa, 2017; and Edinburgh, United Kingdom, 2018). We also held numerous consecutive workshops with MSc and PhD students (for example, the master's program in epidemiology at Utrecht University [Utrecht, the Netherlands] and the Evidence-Based Health Care program at Oxford University [Oxford, United Kingdom]). In these workshops, we piloted the then-current version of PROBAST to gather feedback on practical issues asso-

Box 2. Differences	between diagnostic and prognostic predicti	on model studies.		
	 Diagnostic prediction models aim to estimate the probability that a target condition measured using a reference standard (referred to as an "outcome" in PROBAST) is currently present or absent within an individual. In diagnostic prediction model studies, the prediction is for an outcome already present, so the preferred design is a cross-sectional study. However, sometimes follow-up is used as part of the reference test to determine whether the target condition (e.g., a disease) is present at the moment of prediction. Prognostic prediction models estimate whether an individual will experience a specific event or outcome in the future within a certain time period, ranging from minutes to hours, days, weeks, months, or years; the relationship is always longitudinal. Despite the different timing of the predicted outcome, diagnostic and prognostic prediction models have many similarities, including the following: The type of outcome is often binary (whether the target condition is present or not present, or an outcome event will or will not occur in the future). The ky interest is to estimate the probability of an outcome being present or occurring in the future based on multiple predictors with the purpose of informing individuals and guiding decision making. The same challenges occur when developing or validating multivariable prediction models. The same measures for assessing the predictive performance of the model can be used, although diagnostic models more frequently extend assessment of predictive performance to focus on thresholds of clinical relevance. There are also various differences in terminology between diagnostic and prognostic model studies, including 			
	the following: Diagnostic Prediction Model Study	Prognostic Prediction Model Study		
	Predictors Diagnostic tests or index tests	Prognostic factors or prognostic indicators		
	Outcome Reference standard used to assess or verify the presence/absence of the target condition	Event (whether an event will occur in the future); event measurement		
	Missing outcome assessment Partial verification, lost to follow-up	Lost to follow-up and censoring		

PROBAST = Prediction model Risk Of Bias ASsessment Tool.

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Step	Task	When to Complete
1	Specify your systematic review question(s)	Once per systematic review
2	Classify the type of prediction model evaluation	Once for each model of interest in each publication being assessed, for each relevant outcom
3	Assess risk of bias and applicability (per domain)	Once for each development and validation of each distinct prediction model in a publication
4	Overall judgment of risk of bias and applicability	Once for each development and validation of each distinct prediction model in a publication

Table 1. Four Steps in PROBAST

PROBAST = Prediction model Risk Of Bias ASsessment Tool.

ciated with using the tool so that we could further refine and subsequently validate it. Finally, more than 50 review groups have already piloted PROBAST versions, including the final version, in their reviews. Topics included cancer, cardiology, endocrinology, pulmonology, and orthopedics.

All feedback received from these initiatives was used to further inform the content and structure of PROBAST, wording of the signaling questions, and content of the guidance documents (27).

RESULTS: THE PROBAST TOOL

What Does PROBAST Assess?

PROBAST assesses both *risk of bias* and *concerns* regarding applicability of primary studies that developed or validated multivariable prediction models for diagnosis or prognosis (Boxes 1 and 2).

Development of a prediction model can include adding new predictors to an existing prediction model. Similarly, validation of an existing model can be accompanied by updating and extending the model-that is, development of a new model. PROBAST applies to both situations (**Box 1**).

Target Users

Although PROBAST was designed for use in systematic reviews, it can be used more generally in critical appraisal of prediction model studies. Potential users of PROBAST include organizations supporting decision making (such as the National Institute for Health and Care Excellence and the Institute for Quality and Efficiency in Health Care); researchers and clinicians who are interested in evidence-based medicine or involved in guideline development; and journal editors, manuscript reviewers, and readers who want to critically appraise prediction model studies.

Definition of ROB and Applicability

Bias is usually defined as the presence of systematic error in a study that leads to distorted or flawed results and hampers the study's internal validity. In prediction model development and validation, known features exist that make a study at ROB, although *empirical* evidence showing the most important sources of bias is limited. We define ROB to occur when shortcomings in the study design, conduct, or analysis lead to systematically distorted estimates of model predictive performance. Model predictive performance is typically evaluated using measures of calibration and discrimination, and sometimes (notably in diagnostic model studies) classification (7). Thinking about how a hypothetical prediction model study that is methodologically robust would have been designed, conducted, and analyzed helps to understand bias in study estimates of model predictive performance. Many sources of bias identified in other medical research areas are also relevant to prediction model studies, such as blinding of outcome assessors to other study features and use of consistent definitions and measurements for predictors and outcomes within the study.

Concerns regarding the applicability of a primary study to the review question can arise when the population, predictors, or outcomes of the study differ from those specified in the review question. Such concerns may arise when participants in the prediction model study are from a different medical setting from the population defined in the review question–for example, a study that enrolled patients from a hospital setting while the review question specifically relates to patients in primary care. The reported prediction model discrimination and calibration may not be applicable because patients in hospital settings typically have more severe disease than those in primary care (41, 42).

When eligibility criteria, predictors, and outcomes of the primary studies directly match a systematic review question, no concerns regarding applicability will arise. However, the inclusion criteria of a systematic review are typically broader than the focus of the review question. Broader inclusion criteria allow for variation in the searching of the primary studies and thus require careful assessment of each primary study's applicability to the actual review question (7, 27).

Types of Prediction Model Study

A primary study identified as relevant for the review may include the development, validation, or update of 1 or more prediction models. For each study, a PROBAST assessment should be completed for each distinct model that is developed, validated, or updated for making individualized predictions relevant to the systematic review question.

PROBAST includes 4 steps (**Table 1**). The tool is in the **Supplement** (available at Annals.org). We stress the importance of the accompanying paper (27), which provides detailed explanations and guidance for completing each step.

Step 1: Specify Your Systematic Review Question

Assessors are first asked to report their systematic review question in terms of intended use of the model, targeted participants, predictors used in the modeling, and predicted outcome. Existing guidance (CHARMS [CHecklist for critical Appraisal and data extraction for systematic Reviews of prediction Modelling Studies])

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can help reviewers define a clear and focused review question (22, 26).

Step 2: Classify the Type of Prediction Model Evaluation

Different signaling questions apply to different types of prediction model evaluation. For each model assessment, reviewers classify a model as "development only," "development and validation in the same publication," or "validation only." When a publication focuses on creating a model by adding 1 or more new predictors to established predictors (or an established model), "development only" should be used. When a publication focuses on validating an existing model in other data and then updating (adjusting or extending) the model such that a new model is actually being developed, "development and validation in the same publication" should be used. Note again that a single publication may address more than 1 model of interest.

Step 3: Assess ROB and Applicability

Step 3 aims to identify areas where bias may be introduced into the prediction model study or where

concerns regarding applicability may exist. It involves assessment of the following 4 domains to cover key aspects of prediction model studies: participants, predictors, outcome, and analysis. The ROB component of each domain comprises 4 sections: information used to support the judgment, 2 to 9 signaling questions (20 total across domains), judgment of ROB, and rationale for the judgment (**Table 2**).

In the support for judgment box, assessors can record the information used to answer the signaling questions. Signaling questions are answered as "yes," "probably yes," "probably no," "no," or "no information." Risk of bias is judged as low, high, or unclear. All signaling questions are phrased so that "yes" indicates absence of bias. Any signaling question answered as "no" or "probably no" flags the potential for bias; assessors will need to use their own judgment to determine whether the domain should be rated as high, low, or unclear ROB. A "no" answer does not automatically result in a high ROB rating. The "no information" category should be used only when reported information is in-

1. Participants	2. Predictors	3. Outcome	4. Analysis
Signaling questions			
1.1. Were appropriate data sources used, e.g., cohort, RCT, or nested case-control study data?	2.1. Were predictors defined and assessed in a similar way for all participants?	3.1. Was the outcome determined appropriately?	4.1. Were there a reasonable numbe of participants with the outcome?
1.2. Were all inclusions and exclusions of participants appropriate?	2.2. Were predictor assessments made without knowledge of outcome data?	3.2. Was a prespecified or standard outcome definition used?	4.2. Were continuous and categorica predictors handled appropriately?
-	2.3. Are all predictors available at the time the model is intended to be used?	3.3. Were predictors excluded from the outcome definition?	4.3. Were all enrolled participants included in the analysis?
-	-	3.4. Was the outcome defined and determined in a similar way for all participants?	4.4. Were participants with missing data handled appropriately?
-	-	3.5. Was the outcome determined without knowledge of predictor information?	4.5. Was selection of predictors based on univariable analysis avoided?†
-	-	3.6. Was the time interval between predictor assessment and outcome determination appropriate?	4.6. Were complexities in the data (e.g., censoring, competing risks, sampling of control participants) accounted for appropriately?
-	-	-	4.7. Were relevant model performance measures evaluated appropriately?
-	-	-	4.8. Were model overfitting, underfitting, and optimism in model performance accounted for?†
-	-	-	4.9. Do predictors and their assigned weights in the final model correspond to the results from the reported multivariable analysis?†
ROB			
Selection of participants	Predictors or their assessment	Outcome or its determination	Analysis
Applicability			
Included participants or setting does not match the review question	Definition, assessment, or timing of predictors does not match the review question	Its definition, timing, or determination does not match the review question	-

RCT = randomized controlled trial; ROB = risk of bias.

* For further details, please see the explanation and elaboration document (27), available at Annals.org, and www.probast.org. Signaling questions are answered as yes, probably yes, probably no, no, or no information. ROB and concerns for applicability are rated as low, high, or unclear. † Development studies only.

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Study	ROB			Applicability			Overall		
	Participants	Predictors	Outcome	Analysis	Participants	Predictors	Outcome	ROB	Applicability
1	+	-	?	+	+	+	+	_	+
2	+	+	+	+	+	+	+	+	+
3	+	+	+	?	-	+	+	?	-
4	-	?	?	-	+	+	-	-	-
5	+	+	+	+	+	?	+	+	?
6	+	+	+	+	?	+	?	+	?
7	?	?	+	?	+	+	+	?	+
8	+	+	+	+	+	+	+	+	+

PROBAST = Prediction model Risk Of Bias ASsessment Tool; ROB = risk of bias.

* + indicates low ROB/low concern regarding applicability; – indicates high ROB/high concern regarding applicability; and ? indicates unclear ROB/unclear concern regarding applicability.

sufficient to permit a judgment. When the rationale is recorded, the ROB rating will be transparent and, where necessary, will facilitate discussion among review authors completing assessments independently.

The first 3 domains are also rated for concern regarding applicability (low, high, or unclear) to the review question defined in step 1. Concerns regarding applicability are rated similarly to ROB, but without signaling questions.

All domains should be completed separately for each evaluation of a distinct model in each study. A team completing a PROBAST assessment likely needs both subject and methodological expertise. The explanation and elaboration document (27) and www.probast.org provide further details on how to score ROB and applicability concerns. Domain 1 (Participants) covers potential sources of bias and applicability concerns related to participant selection methods and data sources (for example, study designs); 2 signaling questions support ROB assessment. Domain 2 (Predictors) covers potential sources of bias and applicability concerns related to the definition and measurement of predictors evaluated for inclusion in the model; 3 signaling questions support ROB assessment. Domain 3 (Outcome) covers potential sources of bias and applicability concerns related to the definition and measurement of the outcome predicted by the model; 6 signaling questions support ROB assessment. Domain 4 (Analysis) covers potential sources of bias in the statistical analysis methods. It assesses aspects related to the choice of analysis method and whether key statistical considerations (for example, missing data) were correctly addressed, and 9 signaling questions support ROB assessment.

Table 2 presents an overview of step 3. Detailedexamples of how to answer signaling questions andjudge domains can be found in the explanation andelaboration document (27) and on www.probast.org.

Step 4: Overall Judgment

On the basis of the ROB classifications for each domain in step 3, assessors should judge the *overall* ROB of the prediction model as low, high, or unclear. We recommend rating the prediction model as having low ROB if no relevant shortcomings were identified in the ROB assessment—that is, all domains had low ROB. If at least 1 domain had high ROB, an overall judgment of high ROB should be used. Similarly, unclear ROB should be assigned if unclear ROB was noted in at least 1 domain and all other domains had low ROB.

However, if a prediction model was developed without any external validation on different participants, downgrading to high ROB should still be considered even if all 4 domains had low ROB, unless the model development was based on a very large data set or included some form of internal validation. The explanation and elaboration document (27) provides further details.

Based on the applicability classifications for each domain in step 3, an overall judgment about concerns regarding applicability of the prediction model is needed. A decision of "low concern" should be reached only if all domains showed low concern regarding applicability. Similarly, if 1 or more domains were judged to have high concern, the overall judgment should be "high concern." "Unclear concern regarding applicability" should be reached only if 1 or more domains were judged as "unclear" in applicability and all other domains were rated to have "low concern."

The accompanying explanation and elaboration document (27) and www.probast.org give detailed explanation and examples of how to judge the overall ROB and concerns regarding applicability. **Table 3** suggests a way to present the results of the PROBAST assessments.

DISCUSSION

Assessment of the quality of included studies is an essential component of all systematic reviews and evidence syntheses. Systematic reviews of prediction model studies are a rapidly evolving area (22). As more prediction model studies and systematic reviews of such studies enter the evidence base, a tool facilitating quality assessment for individual prediction model studies is urgently needed. To our knowledge, PROBAST is the first rigorously developed tool designed specifically to assess the quality of prediction model studies for development, validation, or updating of both diagnostic and prognostic models, regardless of the medical domain, type of outcome, predictors, or statistical technique used.

We adopted a domain-based structure similar to that used in other recently developed tools, such as ROB 2.0 (24), QUADAS-2 for diagnostic accuracy studies (30), ROBINS-I for nonrandomized studies (25), and ROBIS for systematic reviews (31). All stages of PROBAST development included

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a wide range of stakeholders, and we started piloting the tool in early versions to allow incorporation of feedback from direct reviewer experience into the final tool. We feel that these 2 features have resulted in a tool that is both method-ologically sound and user-friendly.

Potential users of PROBAST include systematic review authors, health care decision makers, and researchers and clinicians who are interested in evidence-based medicine or involved in guideline development, as well as journal editors and manuscript reviewers.

The explanation and elaboration document (27) provides explicit guidance and an explanation of how to use PROBAST. Researchers seeking to understand and use PROBAST should always read the accompanying document in conjunction with the current article. A multidisciplinary team with both subject and methodological expertise should assess prediction model studies.

As with other ROB and reporting guidelines in medical research, PROBAST and its guidance will require updating as methods for prediction model studies develop. We recommend downloading the latest version of PROBAST and accompanying guidance, including detailed examples, from the Web site (www.probast.org).

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Disclaimer: This report presents independent research supported by the National Institute for Health Research (NIHR). The views and opinions expressed in this publication are those of the authors and do not necessarily reflect those of the National Health Service (NHS), the NIHR, or the Department of Health and Social Care.

Acknowledgment: The authors thank the members of the Delphi panel (Appendix, available at Annals.org) for their valuable input and all testers, especially Cordula Braun, Johanna A.A.G. Damen, Paul Glasziou, Pauline Heus, Lotty Hooft, and Romin Pajouheshnia, for providing feedback on PROBAST. They also thank Janine Ross and Steven Duffy for support in managing the references.

Financial Support: Drs. Moons and Reitsma received financial support from the Netherlands Organisation for Scientific Research (ZONMW 918.10.615 and 91208004). Dr. Riley is a

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member of the Evidence Synthesis Working Group funded by the NIHR School for Primary Care Research (project 390). Dr. Whiting (time) was supported by the NIHR Collaboration for Leadership in Applied Health Research and Care West at University Hospitals Bristol NHS Foundation Trust. Dr. Collins was supported by the NIHR Biomedical Research Centre, Oxford. Dr. Mallett is supported by NIHR Birmingham Biomedical Research Centre at the University Hospitals Birmingham NHS Foundation Trust and the University of Birmingham. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Disclosures: Dr. Wolff reports grants from Bayer, Biogen, Pfizer, UCB, Amgen, BioMarin, Grünenthal, Chiesi, and TESARO outside the submitted work. Dr. Westwood reports grants from Bayer, Biogen, Pfizer, UCB, Amgen, BioMarin, Grünenthal, Chiesi, and TESARO outside the submitted work. Dr. Kleijnen reports grants from Bayer, Biogen, Pfizer, UCB, Amgen, BioMarin, Grünenthal, Chiesi, and TESARO outside the submitted work. Authors not named here have disclosed no conflicts of interest. Disclosures can also be viewed at www.acponline.org /authors/icmje/ConflictOfInterestForms.do?msNum=M18-1376.

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